



Grand Adventures

Alastair Humphreys

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Following on from his popular Microadventures, in Grand Adventures Alastair Humphreys shines a spotlight on the real-life things that get in the way: stuff like time, money or your other commitments. Grand Adventures is also crammed with hard-won wisdom from people who have actually been there and done that: by boat and boot, car and kayak, bicycle and motorbike. People who had one epic trip then returned to normal life, or who got bitten so badly by the bug that they devoted their life to the pursuit of adventure. Young people, old people. Men, women. Mates, couples, families. Extraordinary, inspiring people. People like you.

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