



## Health Assessment for Nursing Practice, 5e

Susan F. Wilson RN PhD CS FNP, Jean Foret Giddens PhD RN FAAN

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Today's nursing students are busier and more pressed for time than ever. The 5<sup>th</sup> edition of **Health Assessment for Nursing Practice** by Susan Wilson and Jean Giddens is designed to help you make the most of your study time with a user-friendly approach and a complete collection of flexible, efficient learning tools. It's everything you need to master the core assessment skills essential for clinical practice!

- **Straightforward, easy-to-understand coverage** gives you the knowledge and confidence you need to perform a complete physical examination.
- Clear differentiation between basic skills and advanced procedures or special circumstances helps you pinpoint essential content.
- Unique, two-column format provides you with a visual distinction between normal and abnormal findings and techniques.
- Vivid color photos walk you step by step through key skills and procedures.
- UNIQUE! Concept Overview sections present core concepts in the context of health assessment with discussions on pain, oxygenation, perfusion, tissue integrity, motion, sensory perception, metabolism, and intracranial regulation.
- UNIQUE! Clinical Reasoning: Thinking Like a Nurse boxes explain the thought process of an experienced nurse making a clinical decision to help you gain perspective on clinical judgment and the decision-making process.
- UNIQUE! *Patients with Situational Variations* sections address special circumstances or needs for patients in wheelchairs or other limitations and exam variations.
- NCLEX examination-style review questions at the end of each chapter help you assess your understanding of the content you need to know to pass the exam.
- **NEW!** Adapting Health Assessment to an Ill Patient chapter explains special techniques for performing a head-to-toe assessment of a patient in a hospital setting, illustrated with a series of new examination photos.
- UNIQUE! Case Studies with Clinical Reasoning Questions strengthen your critical thinking skills with algorithms focusing on noticing, interpreting, and responding.
- NEW and UNIQUE! *Quality and Safety Competencies for Nurses* (QSEN) tables address assessment competencies related to patient-centered care, teamwork and collaboration, evidence-based practice, quality improvement, safety, and informatics.
- Health Promotion for Evidence-Based Practice boxes outline new Healthy People 2020 objectives and include thorough discussions of recommendations for health promotion and reducing risk.
- Ethnic, Cultural, and Spiritual Variations boxes help you anticipate the unique needs of a multicultural patient population.
- Newly combined *Health Assessment Across the Life Span* unit contains four separate chapters that cover all lifespan content, including older adults, pregnant patients, and infants, children, and adolescents.
- NEW! Synthesis and Application of Health Assessment unit details how to conduct, document, and adapt the head-to-toe assessment.

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