



Liver Disease: for beginners - What You Need to Know about Fatty Liver, Liver Detox and Liver Diet (Liver Health - Liver Detox - Liver Disease - Liver Failure - Fatty Liver Book 1)

Craig Donovan

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What are the symptoms of Liver Disease? How can you live with a sick Liver?

Liver disease is a broad term that covers all the potential problems that cause the liver to fail to perform its designated functions.

Usually, more than 75% or three quarters of liver tissue needs to be affected before decrease in function occurs.

Today only, get this Amazon bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.

This book will help you better understand liver-related health issues and see how you can deal with it. It has been written as a general overview outlining the main things you need to know about this subject. It's a short read and a great start for people who know little about the subject.

There are more than 100 different types of liver disease, which together affect millions of people around the world.

The liver is the second largest organ in the body. It works hard, performing hundreds of complex functions, including:

- fighting infections and illness
- removing toxins (poisons), such as alcohol, from the body
- controlling cholesterol levels
- helping blood to clot (thicken)
- releasing bile, a liquid that breaks down fats and aids digestion

Liver disease doesn't usually cause any obvious signs or symptoms until it's fairly advanced and the liver is damaged.

At this stage, possible symptoms can include loss of appetite, weight loss and jaundice.

Non-alcoholic fatty liver disease – a build-up of fat within liver cells, usually seen in overweight people or those who are obese

This is a Significant health problem and liver disease is globally on the increase. 3 of the main causes of liver disease are: obesity, undiagnosed hepatitis infection and alcohol misuse.

This short guide is here to help understand and deal with Liver-related diseases!

Here Is A Preview Of What You'll Learn...

- Chapter 1: Liver and Liver Complications
- Chapter 2: Taking Care of Your Liver – The Basics
- Chapter 3: Liver Diet - Avoiding Fatty Liver
- Chapter 4: Detoxing Your Liver
- Much, much more!

Read what other people have to say

"This book is an informative, detailed, yet easy to understand guide. It is useful not only for people with liver disease, but also their families and friends, nurses and other allied health professionals."

- Sergio Lawrence -

"This book contains a veritable encyclopedia of information concerning the various forms of Liver Diseases. The book is written in language that non-medical people can readily understand. The book answered many questions that I had about my health, as well as teaching how take care of my liver."

- Stacy M. -

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Start dealing with your liver problem today!

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Here thing why this particular Liver Disease: for beginners - What You Need to Know about Fatty Liver, Liver Detox and Liver Diet (Liver Health - Liver Detox - Liver Disease - Liver Failure - Fatty Liver Book 1) are different and dependable to be yours. First of all reading a book is good however it depends in the content of the usb ports which is the content is as yummy as food or not. Liver Disease: for beginners - What You Need to Know about Fatty Liver, Liver Detox and Liver Diet (Liver Health - Liver Detox - Liver Disease - Liver Failure - Fatty Liver Book 1) giving you information deeper and in different ways, you can find any guide out there but there is no book that similar with Liver Disease: for beginners - What You Need to Know about Fatty Liver, Liver Detox and Liver Diet (Liver Health - Liver Detox - Liver Disease - Liver Failure - Fatty Liver Book 1). It gives you thrill reading journey, its open up your personal eyes about the thing which happened in the world which is perhaps can be happened around you. You can easily bring everywhere like in area, café, or even in your method home by train. When you are having difficulties in bringing the imprinted book maybe the form of Liver Disease: for beginners - What You Need to Know about Fatty Liver, Liver Detox and Liver Diet (Liver Health - Liver Detox - Liver Disease - Liver Failure - Fatty Liver Book 1) in e-book can be your choice.

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Tony Sanford:

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