



Slow Cooker Low Carb BOX SET 3 In 1: 70 Best Low Carb Recipes For Easy, Healthy Weight Loss!: (high protein, low carb diet books, low carb, low carb cookbook, ... gluten free slow cooker recipes Book 2)

Pamela Roberts, Andrea Philips, Sofia Smith

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BOOK #1: Low Carb High Fat Recipes for the 1.5 - 2 Quarts Slow Cooker. Top 30 Healthy and Delicious Crockpot Recipes for Weight Watchers and For Those Who Just Love Healthy Eating

You look for recipes for your slow cooker and unfortunately, the recipes you find are way too large for your single serve slow cooker that is only 1.5 to 2 Quarts? To make matters worse, you might be on dietary restrictions that call for you to eat only low carbohydrate, high-fat foods? You try to figure out how you can cut down the recipe for your smaller, portion friendly slow cooker and what recipes suit your diet better?

So in this book you will find 32 low-carbohydrate, high-fat recipes that will satisfy your cravings as well as reduce your amount of leftovers with your small Electric slow cooker!

Get out your 1.5-2 quart slow cooker and enjoy a home-cooked, healthy meal that follows your diet requirements.

BOOK #2: Low carb 20 Delicious And Fast Crock Pot Recipes For Guaranteed Weight Loss

I had to take some liberties for the picky eaters in the household. It was a struggle but a decent meal was at stake. I believe about half of these low carb high fat recipes should be kid-friendly (mine did). I know most children are not sold on seafood but I included two. Do not be hungry. Get creative and take charge of your healthy life. Introducing 20 high fat low carb slow cooker recipes designed to transform you in the best you can be. You will actually feel full. What are some of these fats? Coconut oil can last 2 days outside the refrigerator without spoiling. Butter, I thought cutting it from my diet would be better but the unsalted variety in particular are packed with fat soluble vitamins (recipes inside). Olive oil is a natural cancer and aging fighter. What can you cook with it? Soups. Sauces. Salads. Marinades. Endless possibilities. Cheese isn't it irresistible? Well, in this ebook there are a few recipes with this versatile food. What else bacon, pork, and other high fat meats. Enjoy food and make your slow cooker your new companion.

BOOK #3: Slow Cooker Weight Watchers Cookbook TOP 20 Low Carb Recipes

Low carb diets are prevalent in today's society, but many people feel overwhelmed by the thought. Carbs are in practically everything, so how do you know what you can and can't eat?

Low Carb Diet for Beginners is your healthy guide to being successful at a low carb diet. Offering 25 low carb and healthy recipes that are fast to make and easy to follow, this book is exactly what you have been looking for.

Whether you are a beginner who is just starting to explore the realm of low carb dieting, or if you are a seasoned chef that is well versed in the technique of low carb cooking, this is the book for you.

Download your E book "Slow Cooker Low Carb BOX SET 3 In 1: 70 Best Low Carb Recipes For Easy, Healthy Weight Loss!" *Buy Now with 1-Click" button!*

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Angela Heller:

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Sandra McNulty:

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