



The Girlfriends' Guide to Pregnancy

Vicki Iovine

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The Girlfriends' Guide to Pregnancy Vicki Iovine

The practical, comforting, honest, and hilarious bestseller for moms-to-be, with more than one and a half million copies in print!

Your doctor gives you medical advice. Your mother buys you baby clothes. But who can give you the real skinny when you're pregnant?

Your girlfriends, of course—at least, the ones who've been through the exhilaration and exhaustion, the agony and ecstasy of pregnancy. Four-time delivery room veteran Vicki Iovine talks to you the way only a best friend can—in the book that will go the whole nine months for every mother-to-be. In this revised and updated edition, get the lowdown on all those little things that are too strange or embarrassing to ask, practical tips, and hilarious takes on everything pregnant.

What *really* happens to your body—from morning sickness and gas to eating everything in sight—and what it's like to go from being a babe to having one.

The Many Moods of Pregnancy—why you're so irritable/distracted/tired/lightheaded (or at least more than usual).

Staying Stylish—You may be pregnant, but you can still be the fashionista you've always been (or at least you don't have to look like a walking beachball)—wearing the hippest designers and proudly showing off your bump.

Pregnancy is Down To a Science—from in vitro fertilization to scheduled c-sections, there are so many options, alternatives, and scientific tests to take that being pregnant can be downright confusing!

And much more! For a reassuring voice or just a few good belly laughs, turn to this straight-talking guide on what to really expect when you're expecting.

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The guide untitled The Girlfriends' Guide to Pregnancy is the publication that recommended to you to learn. You can see the quality of the reserve content that will be shown to anyone. The language that article author use to explained their way of doing something is easily to understand. The article author was did a lot of exploration when write the book, so the information that they share for your requirements is absolutely accurate. You also could possibly get the e-book of The Girlfriends' Guide to Pregnancy from the publisher to make you much more enjoy free time.

Anna Vinci:

Spent a free the perfect time to be fun activity to do! A lot of people spent their free time with their family, or their friends. Usually they performing activity like watching television, about to beach, or picnic within the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Can be reading a book is usually option to fill your free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the e-book untitled The Girlfriends' Guide to Pregnancy can be good book to read. May be it can be best activity to you.

Judy Williams:

Playing with family in a very park, coming to see the coastal world or hanging out with pals is thing that usually you could have done when you have spare time, after that why you don't try thing that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love The Girlfriends' Guide to Pregnancy, you could enjoy both. It is fine combination right, you still need to miss it? What kind of hang-out type is it? Oh occur its mind hangout people. What? Still don't buy it, oh come on its called reading friends.

Jonathan Carney:

Your reading sixth sense will not betray you, why because this The Girlfriends' Guide to Pregnancy publication written by well-known writer who knows well how to make book which might be understand by anyone who else read the book. Written in good manner for you, leaking every ideas and writing skill only for eliminate your hunger then you still uncertainty The Girlfriends' Guide to Pregnancy as good book not just by the cover but also through the content. This is one guide that can break don't judge book by its cover, so do you still needing one more sixth sense to pick this!? Oh come on your looking at sixth sense already said so why you have to listening to yet another sixth sense.

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