



Dinner with Buddha

Roland Merullo

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If life is a journey--with detours, paths from which to choose, and myriad roadblocks to overcome--then Otto Ringling is most certainly on the journey of a lifetime.

The first fifty or so years of Otto's journey were pretty good. He felt he had it all until one day he didn't.

Looking for answers, he calls on his enlightened brother-in-law, Volya Rinpoche, a wise man with Russian roots, a Tibetan heritage, and an international reputation as a spiritual teacher. The two men first got to know each other on a journey years before, during which they explored both the real and spiritual aspects of the world around them. Now Otto needs his brother-in-law's wisdom once more, and this time it turns out that Rinpoche himself is also looking for guidance.

They embark on a road trip over highways and back roads across the middle of America, hoping to sort out what's troubling them. They encounter a diverse cast of characters along the way as they look for answers to life's mysteries.

With its highs and lows, their trip is, of course, a metaphor for life's larger journey. But it is also a lesson in love and gratitude. The two travelers peer beneath the surface of things to seek a deeper purpose. Luckily, for them and for us, we never know what's waiting around the next bend in the road.

"We, like Otto, find our cynicism worn away by Rinpoche's gentle instruction in the simple but terribly difficult art of letting go, living each moment to the fullest, seeing the sacred in the everyday . . . This brave, meditative author has carved a unique niche in American literature." —*Kirkus Reviews*, **starred review**

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