



**SOS... Conviviendo con la esclerosis multiple/  
SOS...Living with Multiple Sclerosis (SOS...  
Psicologia Util/ SOS... Useful Psychology) (Spanish  
Edition)**

*Luis Arbea Aranguren*

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# **SOS... Conviviendo con la esclerosis múltiple/ SOS...Living with Multiple Sclerosis (SOS... Psicología Util/ SOS... Useful Psychology) (Spanish Edition)**

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La esclerosis múltiple, como cualquier enfermedad limitadora y degenerativa, provoca en las personas afectadas serias dificultades de aceptación y, en consecuencia, dificultades añadidas de adaptación existencial. El autor, afectado de esclerosis múltiple desde 1996, trata de presentarnos, desde su experiencia autobiográfica

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