



Sensible Shoes: A Story about the Spiritual Journey

Sharon Garlough Brown

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A 2013 *Midwest Publishing Awards Show* Honorable Mention Sharon Garlough Brown tells the moving story of four strangers as they embark together on a journey of spiritual formation: Hannah, a pastor who doesn't realize how exhausted she is. Meg, a widow and recent empty-nester who is haunted by her past. Mara, a woman who has experienced a lifetime of rejection and is now trying to navigate a difficult marriage. Charissa, a hard-working graduate student who wants to get things right. You're invited to join these four women as they reluctantly arrive at a retreat center and find themselves drawn out of their separate stories of isolation and struggle and into a collective journey of spiritual practice, mutual support and personal revelation. Along the way, readers will be taken into a new understanding of key spiritual practices and find tangible support for the deeper life with God. If you want to travel this journey with others, you will find a group study guide and book club resources at www.sensibleshoesclub.com.

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