



# **Bioactive Nutraceuticals and Dietary Supplements in Neurological and Brain Disease: Prevention and Therapy**

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# Bioactive Nutraceuticals and Dietary Supplements in Neurological and Brain Disease: Prevention and Therapy

## Bioactive Nutraceuticals and Dietary Supplements in Neurological and Brain Disease: Prevention and Therapy

Nutritional supplement research concerning brain health and neurological disease is becoming an important focus. While nutritional supplements are very popular for general health and well being, the effectiveness of common supplements and their impact on general brain health and for the treatment or prevention of neurological disease is not clearly understood. This comprehensive introduction to bioactive nutraceuticals for brain and neurological provides a foundation review for research neuroscientists, clinical neurologists, pharmacology researchers and nutrition scientists on what we know now about these supplements and the brain and where focused research is still necessary.

- \* Foundational review content covering nutrition and brain and neurological health
- \* Reviews known nutritional supplements and impact on brain and neurological health
- \* Comprehensive coverage ideal for research scientists and clinical practitioners

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