



Menopause: Just The Facts, Ma'am!

Neil C. Boland, Linda LeVelle

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Menopause is a very complex and confusing subject. It's about time truly authoritative experts wrote a readable, comprehensive, up-to-date, and understandable 2006 guidebook not for other doctors, but for the menopausal woman herself. Finally!entertaining, creatively and insightfully written, devoid of sleep-inducing academic boring monotony, and from a menopausal woman's point of view. Indeed, this is the first book written for women which clearly separates fact from fiction now four years post-WHI study. It includes very important new 2006 findings on menopause. This book is written because of INTENSE AND OVERWHELMING DEMAND women have for accurate information. Since the Women's Health Initiative (WHI) Study was published in July 2002, the world of health care decision making has been turned upside down. The clanking of trash cans was deafening worldwide when millions of women tossed their hormonal medications. Immediately, physicians' phones rang off the hook. A panic-stricken confused public of sleep-deprived, anxious menopausal women began to descend on doctors' consultation rooms waving hand fans searching for answers. The perfect Category Five Menopausal Storm had been set into motion. Three conspiring fronts had converged simultaneously: 1) an Internet information savvy baby boomer generation just starting menopause, 2) the premature release of a well done but flawed landmark study on menopause, and 3) a journalistic media hell bent on lightening-like dissemination of the scariest information possible for maximum shock effect. Menopausal women are sick and tired of getting health care information from the media. MENOPAUSE, JUST THE FACTS, MA'AM is a book written just for these women. Dr. Neil C. Boland is a board-certified seasoned practicing Ob/Gyn Physician and Menopausal Medicine Specialist. Linda LaVelle is a practicing aesthetician of the highest caliber who is menopausal herself. She shares her personal and professional experiences in a delightfully humorous style. It's really about time! Website: www.justthefactsmaam.net .

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