



# The Psychology of Eating: From Healthy to Disordered Behavior

*Jane Ogden*

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## **The Psychology of Eating: From Healthy to Disordered Behavior** Jane Ogden

With its primary focus on the psychology of eating from a social, health, and clinical perspective, the second edition of *The Psychology of Eating: From Healthy to Disordered Behavior* presents an overview of the latest research into a wide range of eating-related behaviors

- Features the most up-to-date research relating to eating behavior
- Integrates psychological knowledge with several other disciplines
- Written in a lively, accessible style
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