



Freezer Meals For Every Kitchen BOX SET 3 IN 1: Freezer Cooking Cookbook With 80 Amazing Freezer Recipes: (freezer cookbook, freezer meals cookbook, ... freezer meals quick and easy) (Volume 2)

Andrea Arrington, Nadene Cale, Adrienne Paget

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Freezer Meals For Every Kitchen BOX SET 3 IN 1: Freezer Cooking Cookbook With 80 Amazing Freezer Recipes. BOOK #1: 25 Healthy Freezer Meals! Freezer Cooking Cookbook

Do you find that you're tapped for time in the evening or even in the morning and you can't seem to find the time to make a healthy dinner for just you or you and your family?

You're not the only one who struggles with this conundrum, probably more often than you'd like. Instead of resorting to frozen meals from the grocery store that are unhealthy and full of empty calories, why not prepare a few meals at the beginning of the week or month for those times when you don't have a moment to make an elaborate dinner? They'll taste just as good as fresh and they'll be healthier for you than takeout!

Just take one day on a free weekend or prepare double of a meal when you make one so that you can freeze half for later! You don't need to be a freezing genie in order to make these meals. Most of them are frozen fully assembled and simply need to be popped into the oven for a few minutes in order to heat or cook them through, and then they're ready! A few of them are even microwaveable for those days where you're really stressed for time.

In this book you'll find twenty-five recipes that include main dishes, breakfasts, soups and stews, sides, and even casseroles! Get your copy now and start making freezer meals that are nutritious and fulfilling today!

BOOK #2: Freezer Meals For Every Kitchen. Freezer Cooking Cookbook with 25 Amazing Freezer Recipes

Are you anxious when it comes to planning meals? I came to a point when I had to write it down. Hence an idea came. This is for nights without a plan and your brain is too scrambled to create a meal and fast-food is not an option. You don't want to make it that easy do you? Here's the thing: menu plans and cooking which actually will be fun. You can achieve this with the help of your friends and offspring with their boundless energy.

You can become a pro in time and I believe it will be on your list for one of the best things in life. A tummy that is full with leftovers and a bit more money in your wallet. Yes, you can save some cash and shop less which is always a bonus. I would like to share with you how to do this by yourself when you are constantly asked, "What's for dinner?" Hopefully you won't have to tackle this by yourself but if you do it is still possible. You would have to make double or triple portions. Get ready for your mouth to water as you take note of classic meals and comfort food!

BOOK #3: Freezer Meals: One Month Make-Ahead Meals For Busy Families! Original, Simple And Money-Saving Recipes!

Recipe books flood the market today, and it can be a real challenge knowing what recipe to turn to on a busy night when you are trying to get all of your nightly routine completed.

First there are the kids to pick up from school. Then you have ballet class and soccer practice. Don't forget to mail those bills and take out the dog. Then there's your own yoga class. When will you have time to make dinner?

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Sunny Lopez:

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