



Bowling: Steps to Success (Steps to Success Sports Series)

Douglas Wiedman

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Master all of the essential skills of bowling to raise your averages at the lanes. *Bowling: Steps to Success* contains in-depth, progressive instruction for each aspect of the game—from grip and stance to footwork and release—so you'll be throwing strikes consistently in no time.

Build a strong skill base with clear instruction, precise illustrations, and dozens of drills that feature a scoring system to help you gauge your improvement and accelerate your progress. Then learn and practice the tactics of shooting strikes and spares to give you more confidence and success on every frame.

Step up to the line knowing you'll deliver a well-executed shot with pinpoint accuracy. As part of the Steps to Success Series—with more than 1.5 million copies sold—*Bowling: Steps to Success* will give you maximum results.

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