



Married to Me: How Committing to Myself Led to Triumph After Divorce

Dayanara Torres, Jeannette Torres-Alvarez

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Former Miss Universe Dayanara Torres shares her secrets for a happy, fulfilling life after divorce.

After her divorce from superstar singer Marc Anthony, Dayanara Torres learned firsthand how to handle the challenges of starting over and creating a healthy environment for her two sons and herself. The most important lesson she learned is that the commitment a woman makes to herself is just as important as the commitment she makes to her spouse on their wedding day. Dayanara vowed to honor and respect herself, and in *Married to Me* she helps other women do the same.

Dayanara walks women through the critical stages of redefining life after a marriage ends: accepting, rebuilding, and rediscovering happiness and the self. With compassion and encouragement, she offers honest advice, personal mantras, and insightful tips on family, lifestyle, beauty, and health—so that women can move beyond the pain, set a new family dynamic, discover new passions, and build new relationships. Like Dayanara, readers will discover a life after divorce that is beyond their wildest dreams.

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Jetta Butler:

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People live in this new morning of lifestyle always aim to and must have the spare time or they will get lots of stress from both way of life and work. So , whenever we ask do people have time, we will say absolutely without a doubt. People is human not a robot. Then we ask again, what kind of activity do you possess when the spare time coming to you actually of course your answer will probably unlimited right. Then do you try this one, reading books. It can be your alternative with spending your spare time, the actual book you have read is definitely Married to Me: How Committing to Myself Led to Triumph After Divorce.

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book consist a lot of the information from the condition of this world now. That book was represented how can the world has grown up. The terminology styles that writer use to explain it is easy to understand. The particular writer made some research when he makes this book. That's why this book ideal all of you.

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