

Cut Your Grocery Bill in Half with America's Cheapest Family: Includes So Many Innovative Strategies You Won't Have to Cut Coupons

Steve Economides, Annette Economides



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You Can Save Thousands a Year on Your Grocery Bill Without Cutting Coupons

Imagine grocery shopping once-a-week or less, eating healthier, and having more free time?all while saving money. Sound too good to be true? For the Economides family, it's a reality, and it can be yours too.

What could the average family do with an extra \$3,000 a year? America's Cheapest Family® shows you strategies, tips, tools, and tricks in *Cut Your Grocery Bill in Half*, so you can achieve huge savings year after year. It's a fact, the Economides say, saving money on groceries is one of the quickest ways to start making a positive difference in your family's financial future.

And these tips and strategies can work whether you're shopping for seven or for one.

- Spend less time shopping and cooking
- Get more bang for your grocery buck
- Plan meals for picky eaters and busy schedules
- Discover kitchen tools that streamline meal preparations
- Learn many ways to eat out or eat in and save big
- Turn your freezer into a money-making machine

Endorsements:

"Many people think that it's impossible to reduce your grocery bill by 50%. But you can. Steve and Annette Economides provide step-by-step instructions in "Cut Your Grocery Bill in Half." Tools that are practical and easy to follow. No special shopping or cooking skills required. Anyone can see a surprising reduction in their grocery budget if they follow the Economides' methods. And, best of all, the savings begin right away. You don't need to finish the whole book to benefit. You'll find money-saving ideas that you can put to use in the first chapter, and every chapter thereafter. Normally I advise people to check books out of the library and save the cost of the book. But this is one do-it-yourself guide to lower grocery bills that you'll want to have on your bookshelf or kitchen countertop."

Gary Foreman, Publisher, The DollarStretcher.com

"If you are eager to save on groceries, but don't always have the time to clip coupons, this book is for you! It's perfect if you're interested in more ways to cut costs, reduce waste, and get organized. This is an awesome book for the novice or the skilled cook." Tawra Kellam and Jill Cooper?editors of LivingOnADime.com and authors of "Dining On A Dime Cookbook"

"I've known Steve and Annette for several years and they definitely live what they believe. If you're serious about spending less money at the grocery store, this book offers some practical ways to achieve your goal. When it comes to stretching your dollar, I know of no one with more experience than Steve and Annette." JJ Heller?Singer/Songwriter

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Roberta Bourland:

Reading a e-book tends to be new life style on this era globalization. With studying you can get a lot of information that may give you benefit in your life. Together with book everyone in this world may share their idea. Ebooks can also inspire a lot of people. A lot of author can inspire their particular reader with their story or maybe their experience. Not only situation that share in the ebooks. But also they write about the information about something that you need example of this. How to get the good score toefl, or how to teach your children, there are many kinds of book that exist now. The authors nowadays always try to improve their skill in writing, they also doing some research before they write with their book. One of them is this Cut Your Grocery Bill in Half with America's Cheapest Family: Includes So Many Innovative Strategies You Won't Have to Cut Coupons.

Tom Baptist:

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Luis Gonzalez:

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