



## **Living With Stroke: A Guide for Families**

Richard C. Senelick MD

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You never think it will happen to you or someone you love. We all know people who have heart disease or cancer, but we think that a stroke happens to other people, not us. Most people are unaware that it is the leading cause of disability in adults and the third leading cause of death. However, when stroke happens to family members, loved ones, and friends we are suddenly in need of information. Stroke doesn't just affect an individual. It impacts everyone who has a relationship with the person who has had the stroke HealthSouth has long known this encompassing impact of stroke -- its pain, its emotional damage, its debilitating after-effects -- not only on its survivors, but the loved ones in its wake. No one knows more that when stroke strikes, you need information, support, and advice fast. In this newest 4th edition of Living with Stroke: A Guide for Families, you will find the latest up to date information on stroke. Here, stroke patients and their families, friends, and caregivers can find the newest facts and figures on the cutting edge theories of neural plasticity and how the brain repairs itself. Here, too, in clear, easy-to-understand language is the entire process of rehabilitation - as well as the mechanisms that can create a stroke. You will learn why the correct type of rehabilitation is essential and most importantly, how to pick a rehabilitation facility for yourself or your loved one. It may be one of the most important decisions you will make and this book gives you the tools to make an informed decision.



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