



More-With-Less Cookbook (World Community Cookbook)

LONGACRE DORIS

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While including no new recipes, this most recent printing is refreshed with a new introduction and detailed statistics including updated nutritional and pricing information for a new generation.

This is a new edition of Herald Press's all-time best-selling cookbook, helping thousands of families establish a climate of joy and concern for others at mealtime.

The late author's introductory chapters have been edited and revised for today's cooks. Statistics and nutritional information have been updated to reflect current American and Canadian eating habits, health issues, and diet guidelines. The new U.S. food chart My Plate was slipped in at the last minute and placed alongside Canada's Food Guide.

But the message has changed little from the one that Doris Janzen Longacre promoted in 1976, when the first edition of this cookbook was released. In many ways she was ahead of her time in advocating for people to eat more whole grains and more vegetables and fruits, with less meat, saturated fat, and sugars.

This book is part of the World Community Cookbook series that is published in cooperation with Mennonite Central Committee, a worldwide ministry of relief, development, and peace.

Mennonites are widely recognized as good cooks. But Mennonites are also a people who care about the world's hungry.

—Doris Janzen Longacre

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Stephen Bruns:

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Violet Shook:

The reason why? Because this More-With-Less Cookbook (World Community Cookbook) is an unordinary book that the inside of the reserve waiting for you to snap the item but latter it will distress you with the secret the idea inside. Reading this book adjacent to it was fantastic author who all write the book in such amazing way makes the content inside easier to understand, entertaining method but still convey the meaning fully. So, it is good for you for not hesitating having this anymore or you going to regret it. This excellent book will give you a lot of advantages than the other book have got such as help improving your proficiency and your critical thinking way. So, still want to hold up having that book? If I were being you I will go to the e-book store hurriedly.

Randy Mosley:

Reading can called head hangout, why? Because while you are reading a book specially book entitled More-With-Less Cookbook (World Community Cookbook) your head will drift away through every dimension, wandering in every aspect that maybe unfamiliar for but surely might be your mind friends. Imaging every word written in a guide then become one form conclusion and explanation that maybe you never get previous to. The More-With-Less Cookbook (World Community Cookbook) giving you a different experience more than blown away your thoughts but also giving you useful information for your better life with this era. So now let us teach you the relaxing pattern the following is your body and mind will probably be pleased when you are finished looking at it, like winning a game. Do you want to try this extraordinary paying spare time activity?

Anne Corchado:

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