



The Complete Textbook of Holistic Self Diagnosis

Llaila O. Afrika, Melanie D. Stevenson

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A simple to use diagnosis methods for non-professionals, professionals, and children. Instructions on how to identify diseases and their causes revealed by the fingers, fingernails shape, lips, teeth, tongue, nose, ears, eyes, eyebrows, face, hair, sex positions, feet, etc. There are many illustrations, charts, tables, chemical test, and many body signs of sickness. This book has do it yourself step-by-step skills to lead you to a disease diagnosis. It has instructions that explains the nutritional causes of High Blood Pressure, laboratory Blood Test result, and Urine and Saliva analysis. No science background is required to learn the simple and easy to use diagnosing methods.



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